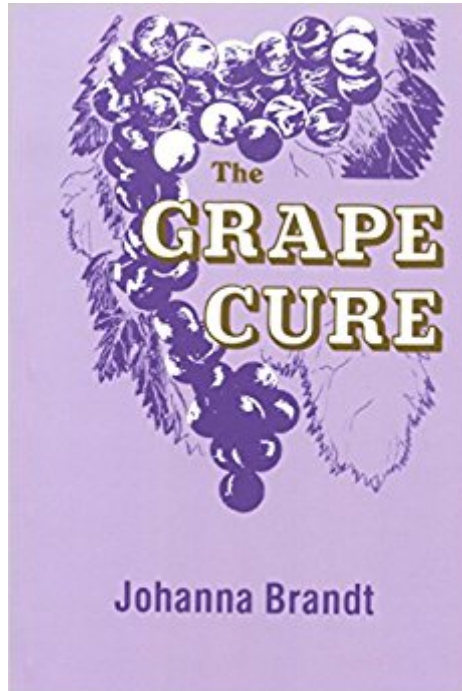




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The Grape Cure



Synopsis

This classic is still making its mark over 80 years since its debut. Author Johanna Brandt shares a personal journey of living with cancer and her discovery of how the beneficial properties of grapes cured her disease by refreshing and purifying cell structures. The virtues of naturopathy are extolled, and readers are encouraged to detoxify their bodies and prevent disease (namely cancer) through a combination of fasting and a diet of grapes.

Book Information

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Average Customer Review: 4.6 out of 5 stars 51 customer reviews

Best Sellers Rank: #211,907 in Books (See Top 100 in Books) #309 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer](#) #764 in [Books > Health, Fitness & Dieting > Alternative Medicine > Healing](#) #2220 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets](#)

Customer Reviews

Johanna Brandt was a South African immigrant to America. She spent many years experimenting with fasting and diets before she found her grape cure. Her book on the grape cure was first published in the 1920s.

Johanna Brandt is the epitome of the old saying "[so and so] _____ was before their time". It was written almost 100 years ago and a present day naturopath, Dr. Robert Morse, has validated the health benefits of a grape diet. To be exact, a short term 10, 20, 30 or even 40 day grape fast can eradicate tumors and cancer out of your body. To be more exact, organic seeded red or black grapes are supreme and those are the best you can get. But in my experience I only have access to organic red or black SEEDLESS grapes. Needless to say I have seen massive improvement in my genetic weaknesses and my lymph system is finally MOVING. Given the opportunity your body has the ability to heal itself. This book is a must have in my collection and I refer to it often. I have been

on a regenerative detoxification journey for 71 days now (since October 9th, 2016). Dr. Robert Morse and his book, Detox Miracle Sourcebook is my holy grail, my "bible" if you will. Along with other various nutrition handbooks, The Grape Cure by Johanna Brandt is fabulous to have on hand to get an idea what you should be eating before/during/after a grape diet, how much, and when. Blessings be x

I cannot seem to eat enough grapes. I just love grapes. I feel so hydrated and full of energy. I start my day with a bowl of grapes and I end my day with grapes. best nights sleep ever. Truly a grape cure for me.

Good book.

Good book.

It is a very interesting book. It was written long ago and it shows but the ideas expressed are still current. I do not know whether the method works but it is a valuable direct account.

Insightful, helpful

Around 70 pages of interesting information. May be helpful to some people.

A

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